

# Heart Sutra

## On Realizing Truth Beyond Wisdom

The Bodhisattva of Compassion,  
having gone beyond wisdom to Truth, saw with perfect clarity  
that the five components of worldly experience—  
form, sensation, perception, volition, and consciousness—  
do not exist.

Thus he was freed from anguish and suffering.

He said:  
O Seeker, form does not differ from emptiness.  
Emptiness does not differ from form.  
Form is emptiness.  
Emptiness is form.  
It is the same with sensation, perception,  
volition, and consciousness.

All appearances are emptiness—  
neither born nor unborn, neither pure nor impure,  
neither arising nor passing away.

There is only emptiness.

No form, sensation, perception, volition, or consciousness.  
No eyes, no ears, no nose, no tongue.  
No body.  
No mind.  
No sights, no sounds, no smells, no tastes.  
No feelings.  
No thoughts.  
No realm of the inner eye.  
No realm of pure consciousness.

There is neither ignorance nor the absence of ignorance.  
There is neither old age and death  
nor the absence of old age and death.  
There is no suffering, no beginning, no middle, no end.  
There is no path, no knowledge, no attainment.

There is nothing to attain.

The Bodhisattva abides in the Absolute,  
unfettered by mind.  
No mind, no fear.  
The imagined world is seen through.  
Nirvana.

All Buddhas, past, present, and future, teach one Way.  
*Prajna Paramita* is the mantra of the Way—  
the great transcendent mantra.  
The brilliant, supreme, unequalled mantra  
that breaks the bonds of suffering.  
The mantra of Truth, not illusion.

Therefore, live this great mantra:  
*Gate gate paragate parasamgate bodhi svaha.*

[Gone, gone, gone beyond, gone beyond beyond  
to Awakening—such grace!]